

Balbir - Lived religion and belief

I was born a Sikh, and I used to have a proper beard and turban. But when I came to England, I had to take my turban and beard off. The reason was I had to work in an iron foundry, that was the job my relatives asked me to come to do. That job was 12 to 13 hours a day and it was a very hard and hot job and in there you cannot have a turban. With a turban you cannot work in that factory. I had to take the turban off, but that does not mean I am not a Sikh. I still carried on my Sikh values, and I still go to the Sikh gurdwara every Sunday. A Sikh does not see any difference in human beings, whether they are black, whether they are white, whether they are Muslims, whether they are Christians. As a Sikh you think everybody is the same. Respect, and equality with everybody, no difference, no discrimination, that is the basic rule of a Sikh.