

David M. - Quirky treasure

So New Parks Methodist Church has a Men's Shed, which I've been involved with for the last two or three years. I initially got involved with some work in Glenfield, and was told they were thinking of doing some work at New Parks, and they thought I'd be interested in that and asked me to get involved. Here we are a few years later and I'm fairly heavily involved in that. The project operates on Tuesdays and Fridays. I don't go every single time but most weeks I'm there at least once. It's a project that

has utilised an area that was previously unused next to New Parks Methodist Church, and has set up a shed and other bits and pieces to host activities for people from the local area. It's mainly men but not wholly men, but it's called a Men's Shed to address men's mental health issues. We have about 10-15 people attend on a weekly basis, either volunteers or 'shedders' as we call them. They make things, paint things, saw bits of wood and make sheds and stuff like that.